



All American Softball Hitting League

The All American Softball Hitting League is an indoor hitting league that puts batters against live pitching throughout the fall and winter months. The league will take place at both the East and North All American Baseball Centers.

Each team will be composed of 4-6 players, having at least 4 hitters, a pitcher and a catcher. You are allowed to roster more than 1 pitcher, but can only bat 4 girls per game. The game will be composed of a pitcher and a catcher vs. a live hitter from the opposing team. An “inning” will consist of each hitter getting 1 at bat, and the inning will switch once all 4 hitters have gone. The game lasts an hour, or 7 innings, whichever comes first. Points will be scored by the location of the hit, which will be marked off in our cages, or the outcome of the at-bat (walk/strikeout/hbp).

The All American Softball Hitting League will last 6 weeks with the 7th week being a playoff week. An 8th week will pit the North Campus Champion vs. the East Campus Champion to determine the All American Softball Hitting League Champion. All team standings and scores will be kept on our website.

The league is open to players ages 12-18, and will be broken down into the Middle School Division (grades 7-8), and High School Division (grades 9-12). The Middle School Division will play Saturday afternoons, and the High School Division will play on Sunday nights.

The cost for each session will be \$150 per player for 6 guaranteed weeks, 8 maximum. We will be giving out awards and prizes at the end of the year statistical leaders and team achievements.

RULES

*ONLY the pitcher, catcher, and batter allowed in the cage at a time

* We will follow ASA regulated pitching distances. Pitchers will have 3 warm-up pitches between innings and 6 warm-ups for new pitchers. Opposing catchers will be required to stay on the field after their inning is finished to warm up the pitcher of the opposing team. We will allow 1 minute between innings to get warmed up.

* All batters (4 maximum) bat in order to be determined by team representative prior to the start of the game. If a player is injured or can't continue play, we will allow a new player every inning to hit twice.

SCORING

*Score keepers (or team representatives) will make a judgment ruling based on location of batted ball. We will have marked off parts of the cages determining different points. Catchers will be calling balls and strikes. We ask that all team representatives and catchers follow the honor code. Any disputes will be handled by administrators who will be present during all sessions.

Scoring will be as follows:

0 Points	Strikeout, pop up that hits the top of the cage
1 Point	Ground balls, walk, hit by pitch
2 Points	Line drive to sides or back net, above first rope
3 Points	Line drive to sides or back net, above second rope
4 Points	Line drive to sides or back net, above third rope
5 Points	Line drive back to the pitcher
10 Points	Inside home run square at top of back net (ball cannot hit top net)

OTHER

* Helmets and indoor shoes are required for all hitters.

* Catchers must provide full gear.

* Conflicts of schedule are the responsibility of the coach/team representative and they must notify the League director 48 hours prior to the start of the game. Failure to notify will result in the loss of the scheduled game with no make-up.

* Teams are required to arrive prior to their game time. Pitchers need to be warmed up and ready to go once the game time begins.

Middle School Division – SATURDAY AFTERNOONS 2-5pm

Session #1 will go from October 9th – November 13th, with Playoff week being November 20th and the All American Championship being November 27th.
(Oct. 9th, 16th, 20th, 30th, Nov. 6th, 13th, 20th, 27th)

High School Division – SUNDAY NIGHTS 4-9pm

Session #1 will go from October 10th – November 14th, with the playoff week being November 21st and the All American Championship being November 28th.
(Oct. 10th, 17th, 21st, 31st, Nov. 7th, 14th, 21st, 28th)